

## Corvedale PSHE Long Term Planning (incorporating Relationships Education, Health Education and Sex Education)

Relationships Education and Health Education are mandatory; Sex Education and other elements of the PSHE curriculum remains non-mandatory. The three themes of ‘Relationships’, ‘Living in the Wider World’ and ‘Health and Wellbeing’ are repeated twice each year. Teachers draw on the needs and prior learning of their cohorts to support their lesson planning. The letter/number combinations refer to the PSHE Association Programme of Study 2020 objectives, and teachers will select these as their main teaching focus. Statutory objectives are in **bold**. Refer to the medium term planning overviews for details of objectives across the school.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Core Theme	<b>Relationships</b>	<b>Living in the Wider World</b>	<b>Health and Wellbeing</b>	<b>Relationships</b>	<b>Living in the Wider World</b>	<b>Health and Wellbeing</b>
Reception	Families and Friendships <i>ELG: PSED, C&amp;L</i>	Communities <i>ELG: PSED, UtW, C&amp;L</i>	Healthy lifestyles <i>ELG: PSED, PD, C&amp;L</i>	Respecting ourselves and others <i>ELG: PSED, C&amp;L</i>	Economic Wellbeing: aspirations, work & career <i>ELG: PSED, UtW, C&amp;L</i>	Keeping safe <i>ELG: PSED, PD, C&amp;L</i>
Year 1	Managing hurtful behaviour and bullying <i>KS1 R10 R11 R12</i>	Shared responsibilities <i>KS1 L1 L2 L3</i>	Mental Health <i>KS1 H11 H12 H13 H14 H15 H16 H17 H18 H19 H20</i>	Safe relationships <i>KS1 R13 R14 R15 R16 R17 R18 R19 R20</i>	Media literacy and digital resilience <i>KS1 L7 L8 L9</i>	Ourselves, growing and changing <i>KS1 H21 H22 H23 H24 H25 H26 H27</i>
Year 2	Families and Friendships <i>KS1 R1 R2 R3 R4 R5 R6 R7 R8 R9</i>	Communities and shared responsibilities <i>KS1 L1 L2 L3 L4 L5 L6</i>	Healthy lifestyles <i>KS1 H1 H2 H3 H4 H5 H6 H7 H8 H9 H10</i>	Respecting ourselves and others <i>KS1 R21 R22 R23 R24 R25</i>	Economic Wellbeing: money, aspirations, work & career <i>KS1 L10 L11 L12 L13 L14 L15 L16 L17</i>	Keeping safe; drugs, alcohol and tobacco <i>KS1 H28 H29 H30 H31 H32 H33 H34 H35 H36 H37</i>
Year 3	Managing hurtful behaviour and bullying <i>KS2 R19 R20 R21</i>	Communities and shared responsibilities <i>KS2 L1 L2 L3 L4 L5; L6 L7 L8 L9 L10</i>	Mental Health <i>KS2 H15 H16 H17 H18 H19 H20 H21 H22 H23 H24</i>	Safe relationships <i>KS2 R22 R23 R24 R25 R26 R27 R28 R29</i>	Media literacy and digital resilience <i>KS2 L11 L12 L13 L14 L15 L16</i>	Ourselves, growing and changing <i>KS2 H25 H27 H28 H29 H35 H36</i>
Year 4	Friendships, Managing hurtful behaviour and bullying <i>KS2 R10 R11 R12R13 R14 R15 R16 R17 R18; R19 R20 R21</i>	Economic Wellbeing: money, aspirations, work & career <i>KS2 L17 L18 L19 L20 L21 L22 L23 L24; L25 L26 L27 L28 L29 L30 L31 L32</i>	Keeping safe; drugs, alcohol and tobacco <i>KS2 H37 H38 H39 H40 H41 H42 H43 H44 H45;H46 H47 H48 H49 H50</i>	Safe relationships; Respecting ourselves and others <i>KS2 R22 R23 R24 R25 R26 R27 R28 R29 R30 R31 R32 R33 R34</i>	Media literacy and digital resilience <i>KS2 L11 L12 L13 L14 L15 L16</i>	Healthy lifestyles; mental health <i>KS2 H1 H2 H3 H4 H5 H6 H7 H8 H9 10 H11 H12 H13 H14; H15 H16 H17 H18 H19 H20 H21 H22 H23 H24</i>
Year 5	Families <i>KS2 R1 R2 R3 R4 R5 R6 R7 R8 R9</i>	Communities and shared responsibilities <i>KS2 L1 L2 L3 L4 L5; L6 L7 L8 L9 L10</i>	Ourselves, growing and changing <i>KS2 H25 H26 H27 H28 H29 H30 H31 H32 H34 H35 H36</i>	Safe relationships; Respecting ourselves and others <i>KS2 R22 R23 R24 R25 R26 R27 R28 R29 R30 R31 R32 R33 R34</i>	Media literacy and digital resilience <i>KS2 L11 L12 L13 L14 L15 L16</i>	Healthy lifestyles; mental health <i>KS2 H1 H2 H3 H4 H5 H6 H7 H8 H9 10 H11 H12 H13 H14; H15 H16 H17 H18 H19 H20 H21 H22 H23 H24</i>
Year 6	Friendships, Managing hurtful behaviour and bullying <i>KS2 R10 R11 R12R13 R14 R15 R16 R17 R18; R19 R20 R21</i>	Economic Wellbeing: money, aspirations, work & career <i>KS2 L17 L18 L19 L20 L21 L22 L23 L24; L25 L26 L27 L28 L29 L30 L31 L32</i>	Ourselves, growing and changing <i>KS2 H25 H26 H27 H28 H29 H30 H31 H32 H34 H35 H36</i>	Sex Education How humans reproduce <i>KS2 H33</i>	Media literacy and digital resilience <i>KS2 L11 L12 L13 L14 L15 L16</i>	Keeping safe; drugs, alcohol and tobacco <i>KS2 H37 H38 H39 H40 H41 H42 H43 H44 H45;H46 H47 H48 H49 H50</i>